

Fresh from the Garden



NOVEMBER EVENTS

Employee Discount Day
50% Off

November 3

Employee Discount Day
50% Off

November 4

Christmas Open House

November 6

Veterans Day

November 11

Employee Discount Day
50% Off

November 17

Employee Discount Day
50% Off

November 18

Thanksgiving Day
Stores Closed

November 24

Black Friday

November 26



Traditions

by John Darin, President



This is the time of year to think about and honor family time and traditions.

Some of us have a tradition of baking cookies or homemade delicacies from recipe books shared across generations. Others will clear the table on Thanksgiving and have the entire group participate in setting up and decorating the Christmas tree. A few of our associates get together with friends every year and Christmas carol throughout their

neighborhoods. Some of us will volunteer at our local churches or food pantries within our communities.

At English Gardens, we are blessed to be a part of many of our customers' holidays, special events and traditions. Especially during the next few months, with Thanksgiving and Christmas upon us.

Remember as you are working with your customers this season, that shopping with you on Open House or the day after Thanksgiving may be part of a multi generation, time honored tradition for your customer's family.

Bring them the joy of the season through showing them our new collections of Christmas trim and décor, or a beautiful giftset from our food or wearables departments.

Add on to their experience by sharing the specialty Christmas services we provide- Christmas tree delivery, tree and light repair, custom wreath and garland designs, and also holiday interior decorating available from the Landscape Company.

No matter what your customers' traditions, thank you for being part of their amazing experience at English Gardens! You continue to create a magical atmosphere in the stores that is second to none, truly remarkable and awe inspiring.

I hope you enjoy your own personal holiday traditions this season with your loved ones. Our stores and offices are closed on Thanksgiving Day, so you can enjoy the day with family and friends.

***Have a great November
and a Happy Thanksgiving!***

John Darin



ASSOCIATE SPOTLIGHT



EMPLOYEE ANNIVERSARIES

Years of Service	Employee Name	Location
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MANAGERS:

43	Dean Darin	MO
43	Frank Janosz	MO
19	Nancy Bacinski	RO

ASSOCIATES:

17	Jennifer Lau	RO
10	Carol Grillo	CT
10	Lauren Rose	RO
8	Rebecca Nosanchuk	WB
8	Paula Kus	CT
5	Margaret Thompson	CT
4	Mary MacKenzie-Pratt	WB
1	Dominick Evanoff	RO
1	Zachary Hillard	RO
1	Cameron McIntyre	PN
1	Abigail Webster	DB

Get to Know YOUR ENGLISH GARDENS TEAM!

Carol Kalinski Nursery Sales Associate Royal Oak

Five fun facts about Carol:

1. I sang in St. Peter's Basilica and for Pope John Paul II in Rome along with a 50-member church choir and completed a 10-day singing tour of Italy!
2. My twin sister and I were featured as guest DJs on local Detroit radio stations – twice!
3. My husband and two dogs keep me humble and in step with compassion, love, and good humor!
4. I am a creative person who custom-beaded my wedding gown and also make my own Halloween costumes.
5. I am an Advanced Certified Master Gardener who is very Eco-conscious and shares gardening and composting best practices with others.



Amy Crank, Nicole Phillips and Shelley Stevens were able to represent English Gardens at the Forgotten Harvest women's lunch in October. This SOLD-OUT event raised over \$114,500, which is the equivalent of over \$800,000 worth of groceries for metro Detroiters facing food insecurity!



English Gardens was a proud sponsor of this event!

Tell Us About It



Clinton Township - Jessica M was very helpful with my plant problem. I bought 3 more plants based on her advice!

West Bloomfield - Marie is awesome, she knows her job and product!!

Royal Oak - Everyone was so kind and helpful. Especially Nancy who helped pot our plants for us and taught us how to care for them properly.

Dearborn - When my wife, Pam, died on September 21st my family and I asked Leigh and her team to prepare funeral flowers for us that Pam would love. They did and the results were SPECTACULAR. Pam spent some of the most enjoyable days of her life working in your design center. Thank you very much for the love you have shown for her and for the beauty you brought to those who attended her funeral.

Plymouth - This location is awesome. Associates are always so helpful and friendly!

BENEFITS CORNER

20 WAYS TO REDUCE YOUR HEALTH CARE COSTS

Many Americans will hunt for a coupon that saves them 50 cents at the local supermarket. However, when it comes to health care—a far more complex and expensive service—we rarely ask questions or consider all the options that could save us time and money. Check out this list of 20 ways to shop for value when it comes to health care.

1. Know how much care costs to better negotiate discounts.
2. Pay bills in cash.
3. Look at your bills closely.
4. Follow medication instructions.
5. Visit a retail health clinic.
6. Seek in-network care.
7. Understand what treatment your plan covers.
8. Stay insured.
9. Fight back if your claim has been denied.
10. Choose your health plan wisely.
11. Consider a health savings account.
12. Take advantage of flexible spending accounts.
13. Don't skimp on preventive care.
14. Search for free health screenings, vaccinations and other services.
15. Look for discount contact lenses.
16. Prioritize relaxation and mindfulness to reduce stress-related conditions.
17. Quit smoking.
18. Live a healthy lifestyle.
19. Get a second opinion on medical diagnoses.
20. Think twice about going to the emergency room.

STOP

Feeling sick?

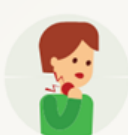
Stop the spread of flu in the workplace.
Stay home when you are sick.

Common Flu Signs & Symptoms Include:



Fever* or feeling feverish/chills

*It is important to note that not everyone with flu will have a fever.



Sore throat



Runny or stuffy nose



Cough



Muscle or body aches



Headaches



Fatigue (tiredness)

Flu is different from a common cold. Flu usually comes on suddenly, and in general symptoms are more intense.

If you think you may have flu tell your supervisor and stay home from work.

All employees should stay home if they are sick. CDC recommends that you stay home for at least 24 hours after your fever (100 degrees Fahrenheit or 37.8 degrees Celsius) is gone. Your fever should be gone without the need to use a fever-reducing medicine.

HAPPINESS

I love this time of the year when we are able to enjoy so many holidays and seasonal opportunities. Our beautiful Michigan weather allows us to explore warm and chilly days that can be filled with outdoor beautiful walks, biking, and even just sitting outside reading or enjoying the changing leaves and landscape.

Someone once told me that happiness is so simple. We can get so involved in the demands of just dealing with life's daily obstacles that we look right past the basics of happiness.

I want to share something that I received as an outline for happiness and inner peace.

Together, they spell GREAT DREAM...

Giving... Do kind things for others

Relating... Connect with people

Exercising... Take care of your body

Awareness... Live life mindfully

Trying out... Keep learning new things

Direction... Have goals to look forward to

Resilience... Find ways to bounce back

Emotions... Look for what's good

Acceptance... Be comfortable with who you are

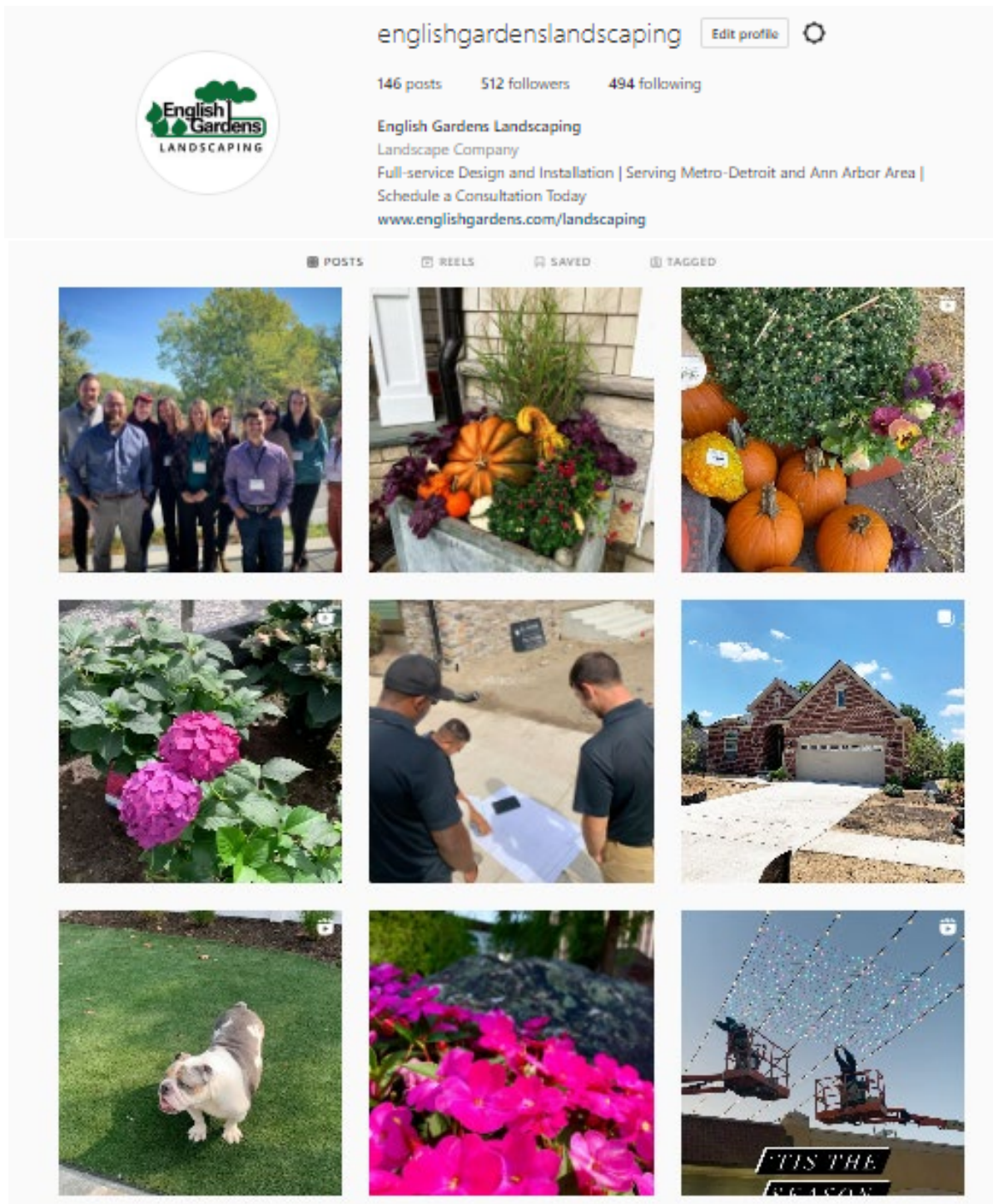
Move forward... Procrastination wastes time

Love, love, love, Florine

In May 2021, Florine Mark sold her Weight Watchers franchise in Michigan and Ontario. She continues to write her monthly column for our newsletter as a Wellness influencer, Author, Motivational Speaker, and Podcast Host. Connect with her at: FlorineMark.com.

ENGLISH GARDENS LANDSCAPE COMPANY IS ON INSTAGRAM!

Follow and tag us in your photos @englishgardenslandscaping



We did it! We hit 500 followers! Let's keep the momentum going.

Share our page and encourage your followers to follow.

This is a great way for current and potential customers to see our work firsthand and for our company to gain exposure.

To share your content email Sterling at sweber@EnglishGardens.com.